



PE CLUBS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast 08:00 - 08:25			Fitness Training 15 max, year 10-13 LB (fitness suite)		Indoor Football All years GO (KS3 Sports Hall)
Lunch 13:40 – 14:05	Multi Sports Club Year 7-9 PJ (KS3 sports hall) Basketball Year 7-9 BW (KS4 Sports Hall)	Football Club Year 7 PJ (Sinclair House) Fitness Training 15 max, year 10-13 ON (fitness suite) Badminton Club Year 7-11 CG (KS3 sports hall)	Multi Sports Club Year 7-9 MK (KS3 sports hall) Multi Sports Club Year 7-9 TS (KS4 sports hall)	Fitness Training 15 max, year 10-13 GN (fitness suite) Week 2 only	
After School 15:15 – 16:15	Fitness Training 15 max, year 10-13 GO (fitness suite) Athletics Year 7-11 MC, PJ, BW, TS & MK (KS3 sports hall)	Football Year 7-11 BW (KS3 sports hall) Fitness Training 15 max, year 10-13 (When possible, ask GO) GO (fitness suite)	Dance Year 7-11 GN (dance studio) Multi Sports Club Year 7-11 MK (KS3 sports hall)	Trampolining Year 7-11 LB (KS4 gymnasium) Netball Training Year 7-11 GN & CG (KS3 sports hall) Basketball Year 10-11 SPM & TS (KS4 sports hall)	Basketball Year 10-13 LB (KS4 sports hall)

STAFF INITIALS: GO – Mr Goss, CG – Ms Codling, MC – Ms McGowan, ON – Ms Owen, LB – Mr Lombard, PJ – Mr Panesar, GN – Ms Green, CI – Mr Canaii, SPM – Mr McKenzie, MK – Mr Khan, BW – Miss Wood, TS – Mr Singh

KEY	BOYS	GIRLS	MIXED
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If your club is in a sports hall or fitness suite, please ensure you are wearing **clean indoor trainers (NO ASTROS)**.
If you are not in the correct kit you will **not** be able to take part in the session. Please be **on time** for the session.