



*Welcome to
Beal High School*

THE PHYSICAL EDUCATION DEPARTMENT

WELCOME FROM THE PE DEPARTMENT



THE PE DEPARTMENT

The PE Curriculum

Welcome to Beal High School's Physical Education Department. Below is a list of priorities, for which we want you to experience during year 7 and beyond:

- Pupils to participate a variety of different sports and activities
- Pupils to develop a competitive nature
- Develop a healthy lifestyle
- Develop teamwork skills
- Build confidence
- Initiate/Further a value for sport and exercise ethos

Meet the PE Team

The P.E department has many experienced and skilled teachers and between us we hold expertise across numerous sports and physical activities. Here are the Physical Education teachers that will be teaching you during your time at Beal High School;

- Mr Lombard – Head of Physical Education
- Mr Panesar – Curriculum Lead Teacher
- Miss McGowan – Curriculum Lead Teacher
- Mr Goss – Physical Education Teacher and Head of Year 10
- Miss Owen - Physical Education Teacher and Head of Year 11
- Miss Green - Physical Education Teacher and Deputy Head of Year 9
- Miss Hooker - Physical Education Teacher and Designated Safeguarding Officer
- Miss Codling - Physical Education Teacher

PE Aims

- We aim to provide a high-quality physical education lessons that will inspire you to succeed and enjoy competitive sport and other physical activities. Lessons will provide opportunities for you to become physically confident in a way which supports your health and fitness. Opportunities to compete in sport and other activities will develop your personality, overall confidence and build character, whilst encouraging values such as fairness and respect.
- We will support you in achieving the best you can in our subject, as there will be opportunities for all students to gain a full, diverse physical education experience. There will be classes of differing ability levels to allow you to progress at your own pace. This will allow you to learn to the best of your ability and reach your academic potential within physical education.

Opportunities

Some of the sports and activities that you may get a chance to participate in are listed below:

- Athletics
- Gymnastics
- Football
- Basketball
- Netball
- Rounders
- Cricket
- Volleyball