

# BREAK MENU

WEEKS 1 & 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISHES</b>	Hot Dogs & Onions £1.20 Popcorn Pizza £1.50 (G,MK,E)	Spicy hot sauce Chicken Baguette (G,MK,E) £2.50	Ciabatta Chicken Pizza Chicken roll (G,MK,E) £1.50	Crispy Chicken Wraps with salad (G,MK) £2.30	Hot BBQ Chicken Panini Tuna Melt Panini (G,E,MK,F) £2.50
<b>VEGETARIAN</b>	Spicy Vegetable Samosa (G) £1.25	Toasted Bagel (G,MK) 70p	Veggie Pepper Ciabatta (G,MK,E) £1.50	Vegetable Slice (G,MK,E) £1.20	Cheese & red Onion Panini (G,MK,E) £2.50
<b>CROISSANTS</b>	Chocolate Croissants (G,MK,E,P) £1.45	Chocolate Croissants (G,MK,E,P) £1.45	Chocolate Croissants (G,MK,E,P) £1.45	Chocolate Croissants (G,MK,E,P) £1.45	Chocolate Croissants (G,MK,E,P) £1.45
<b>YOGHURT</b>	Yoghurt & Granola Pots (G,MK) £1.50	Yoghurt & Granola Pots (G,MK) £1.50	Yoghurt & Granola Pots (G,MK) £1.50	Yoghurt & Granola Pots (G,MK) £1.50	Yoghurt & Granola Pots (G,MK) £1.50

<b>ALLERGENS</b>	CE = Celery CU = Crustacean E = Eggs F = Fish	G = Gluten L = Lupin MK = Milk MO = Mollusc	MU = Mustard N = Nuts P = Peanuts SE = Sesame	SO = Soya SU = Sulphites
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# WEEK 1: LUNCH MENU – Winter 2023/24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISHES</b>	Spaghetti Bolognese, garlic bread (G,E,MK) Pot: £1.95 / Plate: £2.50	Chicken & Spinach Curry Naan bread, Rice (G,N,MK) Pot: £1.95 / Plate: £2.50	Lasagne with garlic bread & Salad (G,MK,E) Pot: £1.95 / Plate: £2.50	Jerk Chicken, Rice & Peas (N,G) Pot: £1.95 / Plate: £2.50	Battered Fish, Chicken Goujons (G,E,MK,MU,F) Pot: £1.95 / Plate: £2.50
<b>VEGETARIAN</b>	Roasted Veg, Chickpeas and Halloumi Hash (MK,N) Pot: £1.95 / Plate: £2.50	Vegetable curry of the day & Rice with Naan bread (G,MK) Pot: £1.95 / Plate: £2.50	Veggie Lasagne with garlic bread & Salad (G,MK,E,SO) Pot: £1.95 / Plate: £2.50	Mac & Cheese, Garlic Bread, Salad (MK,G) Pot: £1.95 / Plate: £2.50	Chips, Beans, Salad Pot: £1.95 / Plate: £2.50
<b>JACKET POTATO BAR</b>	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50
<b>PASTA KING</b>	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	
<b>DESSERT</b>	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50

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# WEEK 2: LUNCH MENU - Winter 2023/24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN DISHES</b>	Cottage Pie with vegetables and gravy (G,MK) Pot: £1.95 / Plate: £2.50	Chicken Fajitas, Yellow Rice & Salsa (G,MK) Pot: £1.95 / Plate: £2.50	Chilli, Rice & Salad, Coleslaw Garlic Bread (G,MK) Pot: £1.95 / Plate: £2.50	Sticky BBQ Chicken, Yellow Rice & Salad (MK,G) Pot: £1.95 / Plate: £2.50	Battered Fish, Chicken Goujons (G,E,MK,MU,F) Pot: £1.95 / Plate: £2.50
<b>VEGETARIAN</b>	Quorn, Vegetable and Sweet potato Bake (SO,MK,G) Pot: £1.95 / Plate: £2.50	Roasted Quorn & Pepper Fajitas, Yellow Rice & Salsa (G,MK,SO) Pot: £1.95 / Plate: £2.50	Quorn & Spinach Chilli, Salad Garlic Bread (G,E,MK,SO) Pot: £1.95 / Plate: £2.50	Roasted Cauliflower & Halloumi in a coconut cream sauce & Rice (MK,N) Pot: £1.95 / Plate: £2.50	Chips, Beans, Salad Pot: £1.95 / Plate: £2.50
<b>JACKET POTATO BAR</b>	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50	Jacket Potato Bar (F,E,MK,MU) Pot: £1.95 / Plate: £2.50
<b>PASTA KING</b>	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	Pasta King (E,MK,G) 1.50 or £1.80 w/cheese	Pasta King (E,MK,G) £1.50 or £1.80 w/cheese	
<b>DESSERT</b>	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50	Cakes 70p/80p (E,MK,G) Fruit Pots £1.50

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